

Lunch Menu

Light Options

Garlic Bread - \$10 (V)

Toasted ciabatta smothered in garlic and herb butter

Cheesy Garlic Bread - \$16

Toasted ciabatta smothered in garlic and herb butter, mozzarella cheese

Miso & Butternut Pumpkin Soup (GFO) - \$16

Brown rice miso & roasted pumpkin, served with toasted sour dough

Blackened Cajun Squid Strips - \$20

Fried calamari in Cajun spice, rocket salad, pineapple relish.

Mains

Tranquil Park Burger - \$24

Tempura Chicken breast, with crispy bacon, fresh avocado & aioli on a toasted bun with chunky chips

Braised Beef & Guinness Hot Pot - \$34

Tender beef steak and root vegetables gently simmered with Guinness topped with a puff pastry "Flat Cap"

Vegan Artichoke, Red Onion & Rosemary Risotto - \$32

Rocket Salad

Hand Crumbed Chicken Schnitzel - \$24

Served with chunky chips and salad and your choice of sauce (gravy, pepper, Diane, mushroom)

Chicken Parmigiana - \$28

Hand crumbed chicken, tomato sugo, shaved ham and mozzarella cheese served with chunky chips and salad

Hand Crumbed Flathead Fillets - \$28

Served with chunky chips, salad, and tartare sauce

120 Day Grain Fed Rump (GF) - \$38

With chunky chips, salad and your choice of sauce (gravy, pepper, Diane, mushroom)

Mooloolaba Prawn Linguini - \$36

Pan fried prawns, lemon butter sauce, broad beans, fresh chives, rocket & parmesan

Teriyaki Chicken Poke Bowl(GF) - \$32

Brown rice, Teriyaki chicken, avocado, cucumber, carrot, edamame, Asian dressing

